

BHARATA MATA COLLEGE, THRIKKAKARA

YOUNG CHEFS CLUB

ANNUAL REPORT 2021-22

The Young Chefs Club of Bharata Mata College was established in the year 2021 to promote the culinary skills of the students. 4 teacher coordinators and 4 student coordinators (from among the class monitors) were appointed by the Principal, Dr.Shiny Palaty.

The teacher coordinators were:

Dr. Litty Sebastian, HOD, Department of Chemistry

Julie P.J., HOD, Department of Taxation

Dr.Anu K John, Faculty, Department of Chemistry

Baby Reena, Faculty, Department of Computer Application

The student coordinators were:

Aleena Sebastian, II B.A. Economics

Aishwarya A Vettathu, III B.Com Computer Application

Neha P Lal II B.A. English

Anuja Santhosh, II B.A. Malayalam

140 students from various departments joined the club in the year 2021-22.

The programmes conducted by the club in the academic year are:

- 1. June 30 th, 2021-Logo release and promo video release**
- 2. July 9 th, 2021 -Inauguration of the Young Chefs Club**
- 3. July 31, 2021-Instagram Page Creation**
- 4. Sept 22 nd, 2021-Webinar related to health and nutrition**
- 5. March 9 th, 2022-Food Fest-Interdepartmental Food Competition**

The details of the programmes are given below

1. Logo release and promo video release –June 30 th, 2021

Being a new club, a logo was designed by the students, with the tagline, Discover a New Level of Taste. The logo has a chefs hat and a spoon and fork along with it. It was released online.



A promo video was also released by the students as a preview of the inauguration.

2. Inauguration of the Young Chefs Club

Report of the Inaugural Programme

The Young Chef Club is established to encourage culinary skills such as preparation, cooking and presentation of food among students. The club also promotes healthy eating and cooking habits. The programme is coordinated by the teachers-Dr.Litty Sebastian, Dr. Anu K John, Julie P.J. and Baby Reena. Students, Aleena Sebastian(II Economics),Aishwarya A Vettath(III Year Computer Application). The programme was conducted using Zoom application software. It was inaugurated by Mr. Honey Joseph, Executive Chef of Fragrant Nature, Fort Kochi at 9-07-2021, 6.30 pm. Chef Honey Joseph also presented a food preparation video. Principal Dr.Shiny Palatty gave the presidential address. There was also a viewing of club promotion video made by the students. Around 45 members participated in the event. The Vote of Thanks was given by Dr.Litty Sebastian and the ceremony was anchored by Anuja, II Year B.A Malayalam. The event concluded at 8 pm.

Bharata Mata College Thrikkakara

Young Chef Club Inauguration

JULY 9TH 6:30 PM

Prayer: Aleena Sebastian



Welcome Speech: Aishwarya A Vettath

Presidential Address: Dr. Shiny Palatty

Inauguration: Chef Honey Joseph
{Fragrant Nature, Kochi}

Vote of thanks: Dr. Litty Sebastian

Chief guest:
Chef Honey Joseph





YOUNG CHEF CLUB

Inauguration by

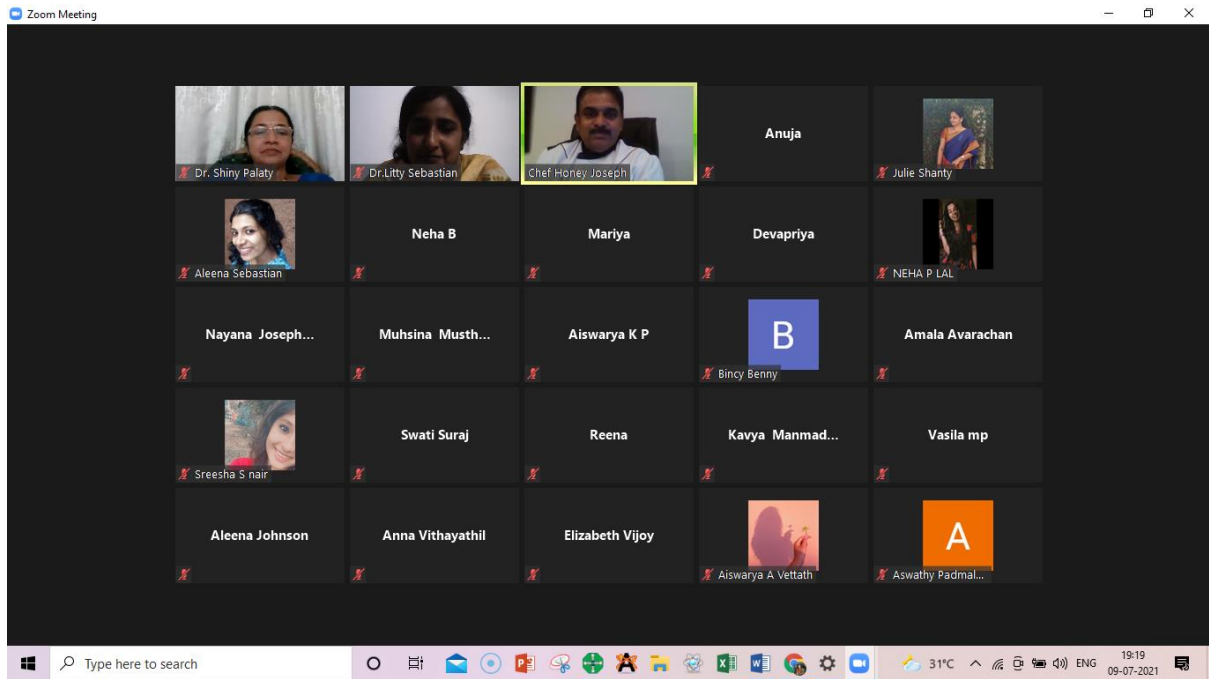


Mr.Honey (Chef)
Fragrant Nature Hotel, Fort Kochi

Event on: Friday, 9th July 2021
Time: 6:30pm

All the club members are invited to the
inauguration conducted via  **Zoom**

Awaiting for the
event....



3. Insta Page creation

To increase the presence of the club in the social media, a insta page was created by the student coordinators. The link to the instapage is:

<https://www.instagram.com/bmcyoungchefclub?r=nametag>

and the QR Code for the same is:



4. Report of the Webinar,” A Smart Investment For A Healthy Life” By Dr. Leena Leon

A Lecture on the topic “A Smart Investment For a Healthy Life” by Dr. Leena Leon, Assistant Professor, Home Science Department, St. Teresa’s College, Ernakulam was conducted online by BMC Young Chefs Club on 22/9/2021 via google meet platform at 5 pm. The program started with a prayer song by Anna. Dr. Leena Leon and the other participants were warmly welcomed by the teacher coordinator, Dr. Litty Sebastian, HOD, Department of Chemistry. Dr. Leena elaborated on how the dietetic needs of a person depend on the age, sex, nature of the work etc. She talked about the concept of a healthy eating plate and also the hazards of junk food. She explained the common type of eating disorders and gave 12 tips to be healthy. After the lecture, the participants raised their doubts and there was a lively interaction. The program concluded by Vote of Thanks by Anjaleena. There were about 46 participants.

Bharata Mata College, Thrikkakara	
Young Chef's Club	
Webinar Session Participant List	
Sl.No	Students Name
1	Anna Ivy
2	Mariya Jose
3	Senna Davis
4	Aangelina Mary
5	Afnitha M.A
6	Aiswarya A Vettath
7	Akhila Venugopal
8	Aleena Johnson
9	Aleena Sebastian
10	Amala Avarachan
11	Arya Shibu
12	Reji George
13	Risvy Razik
14	Shahna Aysha
15	Sradha A.S
16	Sreeram Krishna
17	Sudha M
18	Sumayya P.M
19	Swetha Siva Subram
20	Thamima Thasnim
21	Angel Anthony
22	Aiswarya Srinivasan
23	Aiswarya K.P
24	Varsha Nair
25	Menon Venu
26	Muhsina Musthafa
27	Muneera Sulaiman
28	Naima Nasrin P.S
29	Nandana shaji

30	Neha B parakkal
31	Fathima Jennath
32	Kavya Manmadhan
33	Krishnapriya K.R
34	Lakshmi Das
35	Mariya Joy
36	Neha P Lal
37	Anuja Santhosh
38	Bincy Benny
39	Binu Varghese
40	Leena Leon
41	Litty Sebastian
42	Baby Reena
43	Bindu Joseph
44	Dr. Jinsa Mary Jacob
45	Hod computer Application
46	C A Joseph Joy

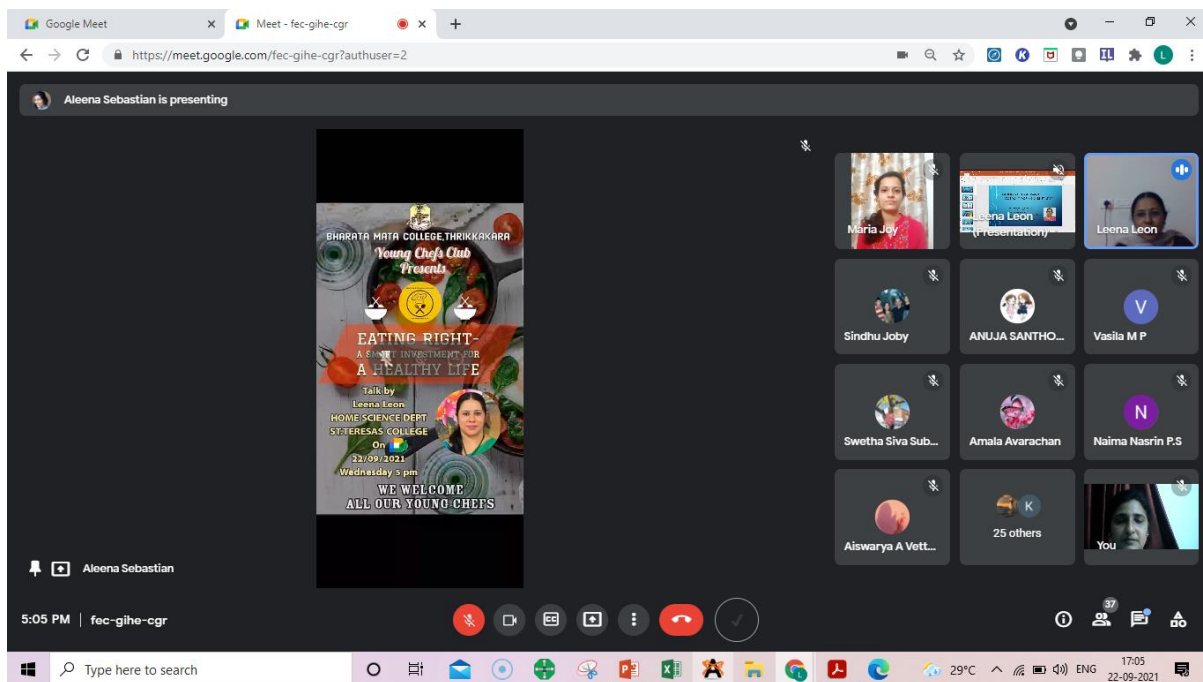
BHARATA MATA COLLEGE, THRIKKAKARA
Young Chefs Club
Presents

**EATING RIGHT -
A SMART INVESTMENT FOR
A HEALTHY LIFE**

Talk by
Leena Leon
HOME SCIENCE DEPT
ST.TERESAS COLLEGE

On 
22/09/2021
Wednesday 5 pm

**WE WELCOME
ALL OUR YOUNG CHEFS**



5. March 9 th, 2022-Food Fest-Interdepartmental Food Competition

Report of the Food Fest Concluded on 9-03-2022

A Food Fest was conducted by the BMC Young Chef's Club on March 9 th from 12.00 PM onwards. It was a mega event wherein all the departments and all students of the college participated enthusiastically. The programme was inaugurated by the Manager, Rev.Fr. Abraham Oliapurath. Dr.Anu K John welcomed all the students and faculty to the programme. The Manager, Rev.Fr. Abraham Oliapurath, Principal, Dr. Shiny Palatty, Assistant Director, Fr. Jimmichan Karthanam and Vice Principal, Dr.Surekha Zacharias also spoke on the occasion.

The Food Fest was conducted as a department wise competition and the judging criteria were 1. No of Items and Quantity 2. Uniqueness and Taste of items prepared 3. Display and Marketing Techniques and 4. Faculty Participation. The judges comprised of Dr. Surekha Zacharia(Vice Principal), Dr. John T Abraham (HOD, Department of Computer Application)and Dr. Shalini Jose(HOD, Department of Hindi). The stall of the Department of Botany was judged to be the Best Stall by the judges. The second prize went to MSW department and the third Prize to Physics Department. The prize distribution was done by the Principal, Dr. Shiny Palatty.



FOOD FEST

BMC YOUNG CHEF'S CLUB

WE INVITE ALL BMCIANs

MARCH 09 WEDNESDAY 2022

9:03



48%



BMC YOUNG CHEFS CLUB
PRESENTS

Food fest

MARCH 9, 2022 | WEDNESDAY



**WE HEARTLY WELCOME
ALL BMC IANS**







സമോസ	₹15
തന്നിരത്തർ ജ്യൂസ്	₹10
ഇടത്	₹12
₹20	
SPECIAL ITEMS	
ബ്രെക്കിംഗ്	₹30
ഇറാനി പേരട്ട	₹20
മസാല സോഡ	₹15







BHARATA MATHA COLLEGE THRIKKAKARA
YOUNG CHEF'S CLUB



CONGRATULATIONS

FOOD FEST 09/03/2022 WINNERS

1st Prize

BOTANY

2nd prize

MSW

3rd Prize

PHYSICS

